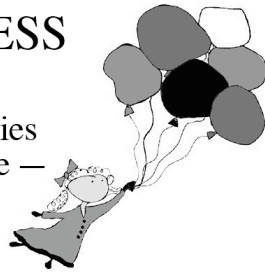


LIFE SUCCESS

for Students with
Learning Disabilities
—A Teacher Guide—

www.LDsuccess.org



A project of the FrostigCenter
971 Altadena Drive, Pasadena, CA 91107
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Rate Yourself__
Rate Your Partner__

Name _____
Name _____

| | <u>A Strength</u> | <u>Good</u> | <u>Average</u> | <u>Not So Hot</u> | <u>A Weakness</u> |
|-------------------------------------|-------------------|-------------|----------------|-------------------|-------------------|
| Social Self | | | | | |
| Making new friends | 1 | 2 | 3 | 4 | 5 |
| Being a good friend | 1 | 2 | 3 | 4 | 5 |
| Inviting friends to get together | 1 | 2 | 3 | 4 | 5 |
| Listening | 1 | 2 | 3 | 4 | 5 |
| Starting conversations | 1 | 2 | 3 | 4 | 5 |
| Keeping conversations going | 1 | 2 | 3 | 4 | 5 |
| Sharing resources | 1 | 2 | 3 | 4 | 5 |
| Getting over arguments | 1 | 2 | 3 | 4 | 5 |
| Helping friends | 1 | 2 | 3 | 4 | 5 |
| Being popular | 1 | 2 | 3 | 4 | 5 |
| Leading | 1 | 2 | 3 | 4 | 5 |
| Physical Self | | | | | |
| Grooming | 1 | 2 | 3 | 4 | 5 |
| Sports | 1 | 2 | 3 | 4 | 5 |
| Health | 1 | 2 | 3 | 4 | 5 |
| Nutrition | 1 | 2 | 3 | 4 | 5 |
| Exercise | 1 | 2 | 3 | 4 | 5 |
| Appearance | 1 | 2 | 3 | 4 | 5 |
| Creative Self | | | | | |
| Art | 1 | 2 | 3 | 4 | 5 |
| Music | 1 | 2 | 3 | 4 | 5 |
| Drama | 1 | 2 | 3 | 4 | 5 |
| Writing/poetry | 1 | 2 | 3 | 4 | 5 |
| Building things | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

| | <u>A Strength</u> | <u>Good</u> | <u>Average</u> | <u>Not So Hot</u> | <u>A Weakness</u> |
|--|-------------------|-------------|----------------|-------------------|-------------------|
| Spiritual/Moral | | | | | |
| Thinking about, deciding what you believe | 1 | 2 | 3 | 4 | 5 |
| Learning about other people's beliefs | 1 | 2 | 3 | 4 | 5 |
| Helping others | 1 | 2 | 3 | 4 | 5 |
| Following rules | 1 | 2 | 3 | 4 | 5 |
| Sharing with others | 1 | 2 | 3 | 4 | 5 |
| Attending religious services | 1 | 2 | 3 | 4 | 5 |
| Not lying, cheating stealing | 1 | 2 | 3 | 4 | 5 |
| Academic Self | | | | | |
| Reading | 1 | 2 | 3 | 4 | 5 |
| Math | 1 | 2 | 3 | 4 | 5 |
| Social studies | 1 | 2 | 3 | 4 | 5 |
| Science | 1 | 2 | 3 | 4 | 5 |